PEEC COVID-19 Pandemic Action Plan

Prevention

PEEC encourages all guests and staff to take preventative steps related to COVID-19 in accordance with the following U.S. Centers for Disease Control guidelines:

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash, immediately follow with handwashing or hand sanitizer with at least 60% alcohol content.
- Clean and disinfect frequently touched objects and surfaces using a household cleaning spray or disposable, alcohol-based cleaning wipe.
- Follow CDC’s recommendations for covering nose and mouth when around others.
  - CDC recommends everyone to wear a cloth face cover when indoors with others.
  - Cloth face coverings protect others from potential infection.
  - Continue to maintain 6 feet of social distancing from others.
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
  - If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty.

At this time, the CDC acknowledges there is little influenza activity occurring. Nationally, weekly cases of COVID-19 are remaining similar or decreasing, which may be due to preventative measures such as social distancing and changes in health care. The northeast and northwest of the country continue to remain elevated.
Symptoms

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. These symptoms may appear 2-14 days after exposure to the virus:

- Fever
- Dry cough
- Shortness of breath or difficulty breathing
- Chills and repeated shaking with chills
- Muscle pain
- Headache
- Sore Throat
- New loss of taste or smell

Individuals who are sick with COVID-19 or think they may have COVID-19 are to follow the following steps for self-care and protection of others:

- Stay home except to get medical care.
- Separate from other people as much as possible while home.
- Monitor symptoms and seek emergency medical attention if one has trouble breathing, persistent chest pain or pressure, confusion, or bluish lips/face.
PEEC Camp COVID-19 Prevention Measures:

· All staff have been trained on management practices for prevention and the chain of command (see below) for notifying management of potential on-site cases of illness. New information is being made accessible as it becomes public.

· All facilities are being disinfected daily including: classroom spaces, the main building, offices, lodging and the dining hall. Camp staff will disinfect all common areas and bathrooms at the end of each camp day. Periodic disinfection will occur after group activities in shared spaces such as pavilions and classrooms.

· All participants are asked in advance not to attend programs if they are experiencing signs of illness.

During Camp:

· Activity group size will not exceed 9 campers to 1 PEEC counselor for a maximum group size of 20 individuals during games, crafts and hiking.

· Individual activity groups will not interact with other activity groups.
· Activity groups will have assigned bathroom, classroom, and outdoor space. Other campers are not permitted in another group’s assigned space.
· Face masks or bandanas will be used throughout camp during indoor activities and any outdoor activities that may bring campers into contact with other camp groups or members of the public.
· Social distancing will be maintained through designated safe seats in area like the pavilions, craft cabin and classrooms during indoor activities. Sanitization will follow each use of seating spaces.
· Campers are encouraged to bring 2 beach towels that can be used to create social distancing safe areas for sitting on grass during activities and lunch times.
• During inclement weather, all groups will have designated indoor classroom space.

• Field trips and “All Camp” activities have been suspended for this year.

• Families are encouraged to drive their campers to PEEC. Milford van runs will be offered for families who deem it as a necessity.

• Temperature checks, hand sanitization, seat assignments and face masks are required for PEEC transportation.

• Drop-off and pick-up procedures have been modified to allow family members to remain in their vehicles while dropping off campers.

• Temperature check and symptom screenings will occur each morning for both campers and staff.

• Procedures for popular camp activities that involve sharing equipment have been modified to be in accordance with CDC guidelines.

• Dining hall staff will be following best management and safety practices for preparation of bagged lunches and snack. Distribution of all food service items will be handled with gloves and face mask by camp staff after proper hand sanitization. Sharing snacks and food items are not permitted at camp.

• If any participant shows signs of illness they will be removed from programs and isolated in designated lodging on campus. PEEC management will notify family members immediately. In the event of an emergency, we will work with local health officials and the National Park Service to determine the best course of action.

• PEEC Staff will undergo morning health screenings to monitor symptoms. Any staff experiencing signs of illness are not allowed to work and will be asked to self-quarantine.