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PEEC! The Place of All Seasons!

**WINTER**
- Winter Ecology
- Wildlife Study
- EcoZone
- Winter Hikes
- Snow Shoeing*
- XC Skiing*

*WEATHER PERMITTING *7TH GRADE & OLDER

OUTREACH PROGRAMS FOR K - 3

USE PEEC AS “HOME BASE” FOR A POCONO WINTER TRIP

PARTicipate in PEEC activities & Visit local venues

**SPRING**
- Canoeing
- Hiking
- Orienteering
- Team Building
- Campfires
- And More!

LET PEEC HELP YOU PREPARE FOR STATE TESTING!

REVIEW SCIENCE VOCABULARY & CONCEPTS

REINFORCE CLASSROOM LESSONS

INDIVIDUAL JOURNAL WRITING AND/OR MATH REVIEW. OUR CLASSES CAN BE USED FOR CROSS-CURRICULAR ACTIVITIES

**SUMMER**

Summer is the perfect time to bring your family or organization to the mountains for a retreat!

ENJOY ACTIVITIES AT PEEC & NEARBY!

HIKE OUR TRAILS & THOSE IN THE NATIONAL PARK

PADDLE DOWN THE DELAWARE

VISIT HISTORIC LOCATIONS

**FALL**

PEEC’s environmental classes are reference points for future lessons in the classroom!

DISCONNECT FROM TECHNOLOGY!

WE TAILOR CLASSES BASED ON YOUR NEEDS

COLLEGES & UNIVERSITIES - USE PEEC’S FACILITIES FOR ORIENTATIONS

PEER LEADERSHIP OPPORTUNITIES

Team Building! A great way to start the school year!

End of the year fun with education!

If teddy bears hibernated, they would do it at PEEC!

Relax, learn & have fun! PEEC is the place for you!
Planning Your Trip - Steps for Success

Use this Checklist to Implement a Successful PEEC Experience

Please fill in the following information

Your Trip Date: ____________________________
3 Weeks Before Date: ________________________
• Updated Numbers ____________________________
• Dietary Concerns ____________________________

3-6 Months Prior to Your Trip – Book your trip
Contact us (570-828-2310 ext. 227) to book your trip and to request a contract.
After the contract has been created, signed and sent back to PEEC with deposit, contact PEEC’s Program Planner (570-828-2310 ext. 231) to plan the details of your trip.

1-3 Months Prior to Your Trip – Organize your Group
___ Learning Groups – 15 students per learning group. (See page 14)
___ Cabin/Sleeping Assignments
You will have been given your cabin assignments when creating your contract and when speaking with the Program Planner. Refer to the campus map on page 24 to see where your cabins are located.
Fill out the spaces on pages 15-16 to arrange sleeping assignments.
___ Meal-Time Table Assignments – 8 people/table
If there are any special dietary needs, please share them with the Program Planner. See page 19 & 20 for more Dining Hall/Food information.
___ Swampers – Swamping is an old logging term meaning “to make or clear a path”. PEEC swampers are in charge of clearing the tables. Please assign swampers for each meal.
   1. One swamper per table
   2. Swampers report to Dining Hall 15 minutes before meal time with an adult.
___ Support Staff – Make sure to have enough teachers, group leaders, parents and volunteers as chaperones for your group.
   (Minimum 1 adult per learning group of 15 students)
___ A visit to the PEEC Store can be included in your schedule. Contact your Program Planner for details. Souvenirs in all price ranges, plus field guides and informational brochures, are available.

3 Weeks Prior to Your Trip – Finalize numbers and schedule
___ FINALIZE YOUR SCHEDULE – The Program Planner will connect with you at least 3 weeks before your visit to be sure your schedule is correct.
___ Confirm your group numbers 3 weeks prior to arrival. Be aware that PEEC requires a confirmed group number at least 3 weeks prior to arrival. This will be the number of people you will be held financially responsible for at the time of billing.
___ At this time, share special dietary needs with the Program Planner so that we can adjust your menu accordingly. See page 20 for details.
Planning Your Trip - Steps for Success

How to Plan and Implement a Successful PEEC Experience

1-3 Weeks Prior to Your Trip – Discuss Expectations

___ Orient adults – Have a meeting to discuss supervision, teaching, and discipline. Talk about goals and adult roles. (See page 13)

___ Distribute

• schedules
• packing list (pg. 17)
• maps
• cabin assignments
• dining hall table assignments,
• learning group assignments.

___ Inform students and their parents/guardians of expectations. (See pg. 13)

___ Make sure all permission/emergency forms are complete. If you do not have your own permission/emergency forms, we can send one to you.

___ Confirm photo release plan with Program Planner. (See page 18.)

Day of Your Trip

___ Please call PEEC at 570-828-2319 with your estimated arrival time and final numbers before you leave your school.

___ Upon arrival at PEEC check in at the Front Desk

___ Cabin Check-In time begins at 2:00 pm. If you arrive earlier, your group’s belongings may be stored in the main building luggage rooms.

During your Stay at PEEC

Remember to:

___ Stay in contact with your Host.

___ Keep your cabins clean.

___ No food is allowed in the cabins. Not only does it draw animals, it may be the trigger of a future guest’s allergies.

___ Please have at least one adult and all students available at cabin inspection.

Before You Leave

___ Settle your bill with PEEC’s business office and your Host prior to your departure. Please check your schedule for “Billing Meeting”.

___ Confirm the dates for your next visit.

___ Return completed evaluation forms to your PEEC Host before you leave. These are an important part of our planning process. We use this feedback to improve future programming wherever possible.
PEEC Class Descriptions

(E= Elementary ~ M= Middle School ~ H= High School ~ A= All)
(Most lessons run 1.5 hrs. Optimum learning group size is 15 student participants per PEEC instructor. Smaller learning group sizes are possible for an additional fee subject to instructor availability.)

Ecology & Wildlife

**Bat Study (E,M)** – This lesson will dispel myths and misconceptions about bats and show students how important these creatures are to humans. The lesson also includes information on White Nose Syndrome. Activities will explore the beneficial aspects of bats, adaptations, predator/prey relationships, and life histories.

**Beaver Study (E,M)** – An exploration into the world of beaver adaptations and life-styles. Students learn the importance of beaver presence in wetland habitats and the effects of human interaction on beaver activity. Field studies allow students the opportunity to observe signs of beaver at PEEC.

**Birds (E) / Ornithology (M)** – An introductory class on what special characteristics birds have, what we can know about birds based on their characteristics, and why birds can fly. Students will observe common birds at our feeders or outside on a trail.

**EcoZone (A)** – Explore and discover this unique “hands-on” room that is filled with different life-sized animal habitats (including a bat cave, a beaver lodge, and an eagle’s nest), sustainable living ideas, and interesting animal displays. What was once the indoor pool at PEEC’s Main Building has been totally transformed! Eco Zone is perfect for any age, any time of year.

**Forest Ecology (M,H)** – PEEC’s campus provides an ideal outdoor classroom for students to observe different forest communities. Students will learn about common trees in this region, the structure of forests, concepts of forest succession, and forest dynamics.

**Habitat Study (E)** – A great introductory class to field, forest, and pond! Explore and compare these three habitats through a variety of activities. Recommended for day groups or those here for a short stay!

Yellow highlighted activities may be led by the group leaders instead of by PEEC staff. If chosen, this decision must be shared with the Program Planner. PEEC can provide curriculum, materials, and training as requested.
PEEC Class Descriptions

Interpretive Hikes (A) – The PEEC campus contains 6 hiking trails ranging in length and difficulty. All trails have corresponding interpretive brochures. Hikes can be led by your staff or a PEEC instructor.

- Two Ponds – Students can become familiar with the aquatic aspects of PEEC along the 1.4 mile Two Ponds trail.
- Scenic Gorge – Explore the 1.5 mile Scenic Gorge trail for a tour of a beautiful hemlock ravine.
- Fossil Trail – The 1.03 mile Fossil Trail provides a geological journey with a look into a fossil bed containing ancient marine life forms.
- Tumbling Waters – The most scenic trail is the 3.01 mile Tumbling Waters trail which follows various terrains and leads hikers to a gorgeous waterfall. (2 Class Time Blocks)
- Ridgeline Trail – The longest trail at PEEC is the 3.63 mile Ridgeline Trail, which provides hikers with views of many different habitats. (2 Class Time Blocks)
- Violet Trail for Everyone – The wheelchair and stroller-friendly, 0.3-mile Trail for Everyone (Violet Trail) meanders around PEEC’s lower campus with easy access to both pavilions and the outdoor fireplace. Benches along the trail provide spots to rest and reflect.

Predator & Prey (M) – This two-group game challenges students to think on their feet in a fast-paced survival simulation. We’ll cover population changes and the impacts of bioaccumulation in ecosystems. (Minimum combined group size 20 people.)

Pond Ecology (A) – This hands-on class focuses on a pond as a unique habitat and the creatures adapted to living in a lentic water system. Students will learn how pond creatures can be used as biotic indicators in determining water quality. This lesson can be extended to include water testing kits upon request.

Stream Ecology (A) – This lesson focuses on the ecological study of a PEEC stream, its organisms, life cycle, food webs, stream flow, riparian ecology, and water quality. This lesson can be extended to include water testing kits upon request.

Tracking and Stalking (M,H) – Students learn to read tracks and signs of many different animals through observation and investigation. They will also learn how to control one’s breathing, balance, and patience in order to get a closer look at animals.

Wildlife Study (A) – Students will learn to identify wildlife and signs of wildlife through hands-on learning inside and outside of the classroom. Focus is placed on understanding habitat, human impacts, and relationships between wildlife and their environment. Up-close examination of skins and skulls may be included.

Winter Ecology (A) – Students learn about the adaptations that plants and animals have developed in order to stay alive in the winter. An exploration into topics such as hibernation, dormancy, and migration allows students the chance to understand what happens to the natural world in the winter. Other topics may include winter tree identification and snow studies.

NOTES:

Yellow highlighted activities may be led by the group leaders instead of by PEEC staff. If chosen, this decision must be shared with the Program Planner. PEEC can provide curriculum, materials, and training as requested.
PEEC Class Descriptions

Natural History & Environmental Issues

Geology (M,H) – Students will learn about the geologic history and processes that have shaped this region. Students will also learn about plate tectonics and the formation of fossils. Emphasis will be placed on understanding glacial processes and the landscapes glaciers leave behind them. Add a trip to a local Quarry to search for fossils for an additional charge. See Quarry under Field Trips.

Sustainability (M,H) – Embark on a scavenger hunt for sustainable practices on the PEEC campus and explore what sustainability means for individuals and communities. Ask about combining with Environmental Promise Tree.

• Environmental Promise Tree (E) – This activity will help carry your PEEC experience back home. Participants will learn about and select an action they can take to reduce their impact on the environment. The environmental “promise” will be written on a “leaf” to be attached to a mural of a tree. This mural can be displayed at school to help share the PEEC experience with other students.

Town Meeting (M,H) – Students simulate a meeting of community members with different interests in a piece of public land and try to convince the ‘panel’ that their interest in the land’s use is the best use of the property. Develops individual opinions, personal values, and an understanding of how land-use decisions can be made. Inform Program Planner of an environmental issue that concerns your school, students, or community.

Watershed Study (M,H) – Students will gain an understanding of the concept of a watershed through hands-on activities. Focus is on how the characteristics and activities within a watershed affect stream life and water quality, as well as importance of watershed and on the importance of watersheds in environmental issues and land management. Discussion will include consideration of the watershed where you live.

Outdoor Pursuits & Recreation

Canoeing (5th grade & older) – An introduction to canoeing basics (equipment, safety, and paddling techniques) followed by a paddling outing on one of PEEC’s ponds. Available May through October, weather permitting.

Confidence Course (5th grade & older) – Our low rope elements are personal challenge-based while our team building courses are group-challenge based. They build trust, self-confidence, and accomplishment within students as their peers keep them safe through proper “spotting.”

Discover PEEC Scavenger Hunt (A) – Get to know PEEC by going on a scavenger hunt. A great way for visitors to become familiar with their new surroundings! This can be done as one large group (for example, upon arrival at PEEC) or in smaller learning groups.

Intro to Camping (M,H) – The focus of this session is on how to plan and prepare for spending time outdoors, such as factors to consider if you plan to do a day hike or an overnight trip. Topics/activities may include Leave No Trace Principles, fire building, knot tying, setting up a tarp, cooking outdoors, how to read a trail map and use a guide book.
**PEEC Class Descriptions**

**Questing (E)** – Learn the basics of finding one’s way through this interactive adventure. Students will gain a sense of place and build deductive skills by using riddles to follow landmarks on this educational journey that highlights PEEC’s flora, fauna and history.

**New Games (A)** – Students will run, laugh, roll, and expend energy with active, noncompetitive games. This session provides students with a fun way to work on group cooperation, coordination, and concentration! This can be done as one large group (for example, upon arrival at PEEC) or in smaller learning groups.

**Orienteering (M,H)** – Students are taught how to use a map and compass to find orienteering markers on one of PEEC’s 2 orienteering courses. This is an empowering lesson for anyone who wants to spend time hiking or traveling outdoors. Students increase confidence within themselves and their group.

**Sensory Awareness (E,M)** – Various activities will help students understand the importance of using the senses they typically do not rely on, as well as building confidence and trust.

**Team Building (4th grade & older)** – A series of challenges which promote communication, cooperation and decision making within a group. Students need to work together in order to accomplish the task with minimal help from teachers or staff.

*Group Initiatives (E)* - To extend your team building experience, or for younger students, group initiatives are available. Group initiatives are team building challenges that focus more on planning, problem solving, and creative thinking, than on physical ability.

**Evening Classes**

**Astronomy (M,H)** – Students study the stars, the moon, and the planets in the night sky during this indoor/outdoor class. Topics of interest may also include constellations, the Milky Way, and the moon phases.

**Campfire (A)** – A PEEC staff person will prepare a fire for your group. With advance notice, this time can include a fire-building lesson and/or a discussion of “Leave No Trace” responsible fire practices. Bring your own campfire song book! S’mores available upon request for a small fee.

**Night Hike (A)** – Students will take a walk in the darkness and learn through activities about night vision, human and nocturnal animals’ nighttime adaptations and will experience the woods at night without flashlights.

**Flashlight Hike (A)** – Take an evening hike to explore the changes of habitats in the dark. Please bring your own flashlights.

**NOTES:**

________________________________________________________________________

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PEEC Class Descriptions

STEM & Indoor Science

Bottle Rockets (A) – Explore the physics behind the flight as students design and construct their own bottle rocket to put into flight.

Wacky Science (A) – See what’s cooking as we walk through some home-grown science experiments that explore polymer formations and create cool chemical reactions.

High School Field Research (3 hours)

Plant Community Study (H) – Step into the shoes of an ecologist. Students will survey plots on our Scenic Gorge trail to evaluate the change in the forest succession over time. Based on field work from the National Park Service, students will measure DBH, tree height, and percent coverage among other parameters to evaluate the forest.

Stream Study of Scenic Gorge (H) – Become an aquatic biologist for the day. Students will study our pristine Spackman’s Creek through a physical assessment, chemical testing and a biological survey of water quality indicator species.

Water Quality (H) – Dive into limnology as students use Secchi disks, turbidity tubes, and other water quality testing equipment to survey our pond environments.

Program Additions For Any Age Group

FIELD TRIPS (Require additional transportation fees.)

Child’s Park – A 1.8 mile walk along Dingman’s Creek to enjoy scenic views, three cascading waterfalls, and the remnants of a historic wool mill. Please check for availability.

Dingmans Falls, Raymondskill Falls, or Hornbecks Creek Waterfalls
Ask your Program Planner about scheduling visits to these majestic waterfalls located in the Delaware Water Gap National Recreation Area.

Grey Towers – Tour the home and estate of the early conservationist, Gifford Pinchot, former Governor of Pennsylvania and founder of the US Forest Service.

Rock Quarry – A trip to a local active rock quarry to hunt for Devonian marine fossils. 6 week notice required.

Additional activities you may do on your own:

Volleyball, Basketball, Open Field Activities, Gaga Pit. These activities need to be included in your schedule. If you are interested in any of these activities, please inform the Program Planner.

“A HUGE thanks to you and the entire PEEC staff for an amazing weekend for our students. It was a great example of the power of experiential learning that engaged students’ hearts and minds. PEEC will be a lasting memory to them for years to come thanks to your caring and skilled staff. We hope to make this an annual event!!!”

All the best, JoAnne Di Lauro, School Counselor
International Community High School
Optional Presenter Description & Price List

Natural History & Live Animal Programs

* Special presenter prices are subject to change. Please check with your Program Planner for any updated information.

**Bob Summerfield: Astronomy Program**

$250.00

for first presentation

(average group around 20-25, based on age, approximately 1 hour)

Spend a session in our Planetarium for a live and lively, interactive lesson of what is up there to find and observe. From identifying the North Star (and why it is so important), to the current stars, planets, and constellations visible early in the evening, to observing how the Earth’s rotation gives us new wonders to enjoy the later you stay up, you will have a whole new understanding of the gems of the night to take along with you and find from your home location.

**Nathaniel Whitmore: Wild Edibles and Mushroom Walks**

$200.00

Walks and talks focused on the practical side of the natural world, herbal medicine, foods, and healing lifestyles.

**Kathy Uhler**

(www.poconowildlife.org)

$275.00 / 1 hour

Live animal program focusing only on NATIVE hawks, owls, mammals, and reptiles. All proceeds from live animal presentations go directly to the Pocono Wildlife Rehab Center. Programs can be tailored to a theme such as “raptors” or “creatures of the night”.

**Travis Gale: Eyes of the Wild Wildlife Rescue & Education**

(www.eyeswild.com)

$350/approx 1 hour

Live wildlife shows for all ages. By connecting environmental issues to living creatures, we make conservation personal. In sharing tales of our rescued wildlife, we evoke emotion & passion to drive change through comedy, excitement, & by balancing gravity with hope! All programs are inquiry based and incorporate different learning styles through touch, sound & motion, and encourage audiences to get involved & stay involved during & after our show!

**Jerry and Laura Zelenka**

$425.00

Live animal program focused on adaptation, conservation, and habitat.

**Bill Streeter / Jan Rethrost**

(www.dvrconline.org)

$400.00

Delaware Valley Raptor Center offers students and participants entry into the fascinating world of raptors. The audience will not only gain an understanding of such ecological concepts as predator/prey relationships, they will see raptors up close.

**Pete Mackevich: Pocono Snake & Animal Farm**

(www.poconoanimals.com)

$300.00

During this live animal program, Pete handles and discusses a variety of live species, such as snakes, lizards, frogs and toads, alligator, armadillo, fennec fox, and a Madagascan ringtail lemur. Session includes question-and-answer period. Programs can be tailored to a theme such as reptiles or snakes.

**Rick Koval**

(pocononaturalist@yahoo.com)

$300.00

Rick’s Live Animal Program consists of a variety of Reptiles and Amphibians including snakes, salamanders, frogs and turtles.
Optional Presenter Description & Price List

Dancing, Music, & More

**Fred Decker**
*Square Dancing Event*

- **$375 (Weekday)**
- **$400 (Weekend)**

**Ken Galipeau**

- **$325.00 (1.5 hr Event)**

Stories and songs around a campfire that celebrate the wonder, absurdity, pain and joy of life, imagination, and the soul. Specific “themes” can be requested like the environment, conservation, or nature.

**Traditional Earth Skills**

Interactive programs that encourage land stewardship and ecological sustainability. Content includes: Lenape culture, native wilderness skills, Lewis & Clark, native artifacts. All meet NJCCC Standards.

**Price Available Upon Request**

**Obi Kaye**

- **$200.00 (1 hr Event)**

Using rhythm as a tool for discovery, expression, and empowerment, Obi Kaye connects us to the world around us. From the use of traditional global percussion instruments to sounds created from recyclable materials, students can explore the world through sound and rhythm.

* Special presenter prices are subject to change. Please check with your Program Planner for any updated information.
What your schedule *could* look like!

New groups often wonder how their day at PEEC will look. While our final schedules are created using an Excel spreadsheet*, here’s what a 2 day/1 night stay schedule *could* look like. Class times may need to be adjusted depending on arrival and departure time, extra presenters, and any field trips that might be planned. (*Your Excel schedule will be sent to you before you arrive at PEEC.)

**DAY 1**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>11:30 am</td>
<td>Arrive at PEEC</td>
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<tr>
<td>11:45 am</td>
<td>Orientation</td>
</tr>
<tr>
<td>12:00 pm</td>
<td>Eat Lunch You Brought</td>
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<tr>
<td>1:00 pm – 2:30 pm</td>
<td>Class 1</td>
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<tr>
<td>2:45 pm – 4:15 pm</td>
<td>Class 2</td>
</tr>
<tr>
<td>4:30 pm – 5:00 pm</td>
<td>Settle into Cabins (See Note Below)</td>
</tr>
<tr>
<td>5:00 pm</td>
<td>DINNER</td>
</tr>
<tr>
<td>6:00 pm – 7:30 pm</td>
<td>Class 3</td>
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<tr>
<td>7:45 pm – 9:15 pm</td>
<td>Class 4</td>
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<tr>
<td>Back to Cabins for the Night</td>
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**DAY 2**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>8:00 am</td>
<td>BREAKFAST</td>
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<tr>
<td>9:00 am – 10:30 am</td>
<td>Class 5</td>
</tr>
<tr>
<td>10:45 am – 12:15 am</td>
<td>Class 6</td>
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<tr>
<td>12:30 pm</td>
<td>LUNCH</td>
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<tr>
<td>1:30 pm – 3:00 pm</td>
<td>Class 7</td>
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<td>3:15 pm – 4:45 pm</td>
<td>Class 8</td>
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<td>5:00 pm</td>
<td>DINNER</td>
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<tr>
<td>6:00 pm – 7:30 pm</td>
<td>Class 9 or Presenter</td>
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<tr>
<td>7:45 pm – 9:15 pm</td>
<td>Class 10 or Free Time</td>
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<tr>
<td>Back to Cabins for the Night</td>
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**DAY 2**

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<th>Time</th>
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<tbody>
<tr>
<td>7:45 am</td>
<td>Cabin Inspection</td>
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<tr>
<td>8:00 am</td>
<td>BREAKFAST</td>
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<tr>
<td>9:00 am – 10:30 am</td>
<td>Class 5</td>
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<tr>
<td>10:45 am – 12:15 am</td>
<td>Class 6</td>
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<td>12:30 pm</td>
<td>LUNCH</td>
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<tr>
<td>1:00 pm</td>
<td>Store</td>
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<tr>
<td>1:30 pm</td>
<td>Depart</td>
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**NOTES**

- Cabins are not available for check in until 2 pm. Luggage may be stored in the Main Building Luggage Rooms until cabins are available.
- Long Hikes (TW and RL) count as 2 classes.
- Night Hikes and Campfires usually only last 1 hour.
- A visit to PEEC’s Gift Shop can be scheduled into your program. Talk with your Program Planner.
- You can choose to do some activities on your own! If more than 3 of your classes are led by your staff, there will be a reduction in your trip cost.
PEEC Policies for Schools & Groups

1. Students under 18 must be supervised at all times including “free time”, breaks, meals, activities, while traveling between activities, and within lodging.

2. Student discipline is the responsibility of group leaders and chaperones. Please discuss with all teachers and chaperones strategies and standards for group discipline prior to your arrival at PEEC.

3. Lodgings are inspected before and after every use. Please let PEEC staff know if you find any damages upon your arrival in your cabin, lodge, yurt, or tent platform.

4. Chaperones and students must be present for final cabin inspections. Charges will be assessed to your bill for any damages incurred during your stay.

5. Campus quiet hours are from 10pm to 7am and are to be enforced by group leaders and chaperones. Please comply with National Park Service / PEEC quiet hour regulations.

6. There is no smoking or vaping in any PEEC building. If you need to do so, there are cigarette receptacles at the main entrances of our most frequented buildings.

7. Weapons, drugs, and alcohol are not permitted at PEEC.

8. We ask that all cell phones remain in lodgings during instruction time. Chaperones can place calls during meals or breaks. If chaperones need to bring them, we ask that they be silent and out of sight.

9. PEEC is located within National Park Service boundaries; therefore, nothing (plants, animals, insects, fossils, fungus, etc.) may be removed.

10. We ask that adults refrain from side conversations during activities as it can distract PEEC instructional staff while they are teaching.

11. Students and adults are not allowed in or near the lodgings of other schools or groups. If any issues arise between your group and another group, please notify a PEEC staff member as soon as possible.

12. PEEC reserves the right to have students or group members sent home should their behavior warrant it.

13. Food items are kept exclusively in the dining hall and the main building, not in sleeping quarters. Please make special arrangements with the Program Planner if you are bringing snacks for your group.

14. Chaperones are ultimately responsible for the preparedness of their students including proper attire for the weather, educational materials, a reusable water bottle, and for making certain the students are in the designated meeting location on time.

15. PEEC is not responsible for lost or stolen items.
Optimum learning group size is 15 student participants per PEEC instructor. Smaller learning group sizes are possible for an additional fee subject to instructor availability. Copy this page if necessary.

**Group Name:**

**Dates of Visit:**

*Please complete group assignments *prior* to your arrival.*

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<th>Group #</th>
<th>Leader:</th>
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<thead>
<tr>
<th>Group #</th>
<th>Leader:</th>
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</table>
## Bunk/Cabin Assignment Sheet

<table>
<thead>
<tr>
<th>Cabin 1</th>
<th>Cabin 4</th>
<th>Cabin 7</th>
<th>Duplex 13 (ADA Accessible)</th>
<th>Duplex 16</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
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</table>

<table>
<thead>
<tr>
<th>Cabin 2</th>
<th>Cabin 5 (ADA Accessible)</th>
<th>Cabin 8</th>
<th>Duplex 14 (ADA Accessible)</th>
<th>Duplex 17</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
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<table>
<thead>
<tr>
<th>Cabin 3</th>
<th>Cabin 6</th>
<th>Cabin 9</th>
<th>Duplex 15</th>
<th>Duplex 18</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
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<thead>
<tr>
<th>Cabin 22</th>
<th>Duplex 19</th>
<th>Duplex 20</th>
<th>Cabin 23</th>
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</thead>
<tbody>
<tr>
<td>1.</td>
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</tbody>
</table>

*Please complete cabin assignments prior to arrival.*
### Bunk/Cabin Assignment Sheet

| Yurt 30 | 1.  
|         | 2.  
|         | 3.  
|         | 4.  
|         | 5.  
|         | 6.  
|         | 7.  
|         | 8.  
|         | 9.  
|         | 10. 
|         | 11. 
|         | 12. |
| Yurt 31 | (ADA Accessible)  
| 1.  
| 2.  
| 3.  
| 4.  
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| 6.  
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| Yurt 32 | (ADA Accessible)  
| 1.  
| 2.  
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| Yurt 33 | 1.  
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| Yurt 34 | 1.  
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| Yurt 35 | 1.  
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| Yurt 36 | (ADA Accessible)  
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| Lodge A1 | (ADA Accessible)  
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| 20. 
| Chaperone Room:  
| 21.  
| 22. |
| Lodge A2 | (ADA Accessible)  
| 1.  
| 2.  
| 3.  
| 4.  
| 5.  
| 6.  
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| 13. 
| 14. 
| 15. 
| 16. 
| 17. 
| 18. 
| 19. 
| 20. 
| Chaperone Room:  
| 21.  
| 22. |
| Lodge B1 | (ADA Accessible)  
| 1.  
| 2.  
| 3.  
| 4.  
| 5.  
| 6.  
| 7.  
| 8.  
| 9.  
| 10. 
| 11. 
| 12. 
| 13. 
| 14. 
| 15. 
| 16. 
| 17. 
| 18. 
| 19. 
| 20. 
| Chaperone Room:  
| 21.  
| 22. |
| Lodge B2 | (ADA Accessible)  
| 1.  
| 2.  
| 3.  
| 4.  
| 5.  
| 6.  
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| 10. 
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| 16. 
| 17. 
| 18. 
| 19. 
| 20. 
| Chaperone Room:  
| 21.  
| 22. |
Clothing & Equipment Packing List

What to bring to be fully prepared for PEEC experiences

**Appropriate footwear is essential!** Sturdy, broken-in hiking boots, trail shoes, or sneakers are best. *In winter, snow boots or water-proof shoes are needed. In summer, sandals or flip flops are not adequate for hikes. An extra pair of shoes/sneakers is recommended.*

For a 3-day, 2-night stay, we recommend:

**Essentials:**
- Pillow and sleeping bag or 2 blankets – **PEEC does not provide pillows.**
- *If you need to rent linens, contact PEEC at least 3 weeks in advance. See page 21.*
- Towel and washcloth
- **Soap and hand towel (We ask that you provide this in your cabins to reduce the use of paper towels on our campus).**
- Toiletries (toothbrush, toothpaste, etc.)
- 2 pairs of loose fitting pants
- 2 shirts
- Pajamas
- 6 pairs of socks (Some will get wet).
- Rainwear — jacket or poncho, boots
- Heavy jacket, gloves, scarf
- Wool sweater or fleece (Cotton sweatshirts will not keep you warm if wet).
- Handkerchief or tissues
- Hat - Winter: Wool/Fleece Hat  Summer: Brimmed Hat
- **Reusable Water Bottle - Vending Machines and Bottled Water are NOT available at PEEC.**
- Backpack to carry gear during the day

Please do not bring:
- Electronics
- Food
- Hair products
- Cell phones
- Single-use water bottles
- Brand new clothing or footwear
- Bathing suits, unless your group plans an off-site swimming activity.

Optional:
- Flashlights
- Field guides
- Camera (with name on it)
- Binoculars (with name on them)
- Alarm clock
- Compass
- Bug Spray/Sunscreen
- Notebook & pencils

**Important to Remember!**

Please be aware that you will be outside in most weather almost all day long.

PEEC is not responsible for lost or stolen items.

**NOTES:**

Cabins are not locked during your stay. Please leave valuables and snacks at home.

**Cell phone usage at PEEC is discouraged.**

Cell phone reception at PEEC is unreliable at best and cell phones have occasionally been lost in the woods. Final decisions regarding cell phone use will be the Group Leader’s decision.
Leave only footprints, take only pictures, kill only time is a motto we take to heart here at PEEC. Our programs run with your support along with generous grants and donations. We at PEEC would like to share your group’s memories with both you and the community. Photographs may be sent post-trip to the group coordinator and could be featured on our website blog highlighting your trip with PEEC, as well as help us gain vital funding to continue our work. If your group already has release waivers signed for programming, please notify your Program Planner. If you would like to use our photo release, feel free to distribute this page for your records. If your group wishes to refrain from photography or has a special request of no faces in photographs, please let the Program Planner know as soon as possible.

Pocono Environmental Education Center (PEEC)
Photo Release Waiver for Groups

I hereby grant to Pocono Environmental Education Center (PEEC), its representatives, and employees the right to photograph my/my child’s image, likeness, or depiction. I authorize PEEC to edit, crop, or retouch such photographs, and waive any right to inspect the final photographs. I consent to and permit photographs of me/my child to be used by PEEC for any purpose, including educational and advertisement purposes, and in any medium, including print or electronic.

I agree that PEEC may use such photographs of me/my child with or without my/my child’s name for any lawful purpose, including such purposes as publicity, illustration, advertising, and web content.

I acknowledge that I am over the age of 18, have read this entire document, and that I understand its terms and provisions.

Name of Student (printed)                  Name of Organization (School, Scout Troop)

Name of Student (Signature)                Age of Student           Date

If student is younger than 18 years of age, a parent/guardian signature is required.

Parent/Guardian Name (Printed)          Date

Parent/Guardian (Signature)
Dining Hall Information

<table>
<thead>
<tr>
<th>BREAKFAST - 8:00am</th>
<th>LUNCH - 12:30pm</th>
<th>DINNER - 5:00pm</th>
</tr>
</thead>
<tbody>
<tr>
<td>French Toast</td>
<td>Hamburgers</td>
<td>Pasta and Meatballs</td>
</tr>
<tr>
<td>Yogurt / Fruit</td>
<td>Fries</td>
<td>Salad</td>
</tr>
<tr>
<td>Cereal</td>
<td>Salad</td>
<td>Dinner Rolls</td>
</tr>
<tr>
<td>Orange Juice, Coffee, Tea</td>
<td>Iced Tea</td>
<td>Brownies</td>
</tr>
<tr>
<td>Scrambled Eggs</td>
<td>Pizza</td>
<td>Chicken</td>
</tr>
<tr>
<td>Bacon</td>
<td>Homemade Soup</td>
<td>Mashed Potatoes</td>
</tr>
<tr>
<td>Hash Browns</td>
<td>Salad / Fruit</td>
<td>Veggie</td>
</tr>
<tr>
<td>Yogurt / Fruit / Cereal</td>
<td>Iced Tea</td>
<td>Salad / Dinner Rolls</td>
</tr>
<tr>
<td>Orange Juice, Coffee, Tea</td>
<td>Water</td>
<td>Dirt Cups</td>
</tr>
<tr>
<td>Pancakes</td>
<td>Grilled Cheese</td>
<td>Tacos</td>
</tr>
<tr>
<td>Sausage</td>
<td>Homemade Tomato</td>
<td>Rice with Beans</td>
</tr>
<tr>
<td>Yogurt / Fruit</td>
<td>Soup</td>
<td>Taco Bar</td>
</tr>
<tr>
<td>Cereal</td>
<td>Salad / Fruit</td>
<td>Churros</td>
</tr>
<tr>
<td>Orange Juice, Coffee, Tea</td>
<td>Iced Tea, Water</td>
<td></td>
</tr>
<tr>
<td>Egg Sandwiches</td>
<td>Hot Dogs</td>
<td>Baked Ziti with Meat</td>
</tr>
<tr>
<td>Ham Slices</td>
<td>Mac and Cheese</td>
<td>Salad</td>
</tr>
<tr>
<td>Yogurt / Fruit</td>
<td>Beans</td>
<td>Dinner Rolls</td>
</tr>
<tr>
<td>Cereal</td>
<td>Salad / Fruit</td>
<td>Ice Cream Sandwiches</td>
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<tr>
<td>Orange Juice, Coffee, Tea</td>
<td>Iced Tea, Water</td>
<td></td>
</tr>
<tr>
<td>Breakfast Pizza With Meat and Cheese</td>
<td>Chicken Fingers</td>
<td>BBQ Chicken</td>
</tr>
<tr>
<td>Yogurt</td>
<td>Curly Fries</td>
<td>Potato Wedges</td>
</tr>
<tr>
<td>Fruit</td>
<td>Salad</td>
<td>Veggie</td>
</tr>
<tr>
<td>Cereal</td>
<td>Fruit</td>
<td>Salad / Dinner Rolls</td>
</tr>
<tr>
<td>Orange Juice, Coffee, Tea</td>
<td>Iced Tea, Water</td>
<td>Chocolate Cake</td>
</tr>
<tr>
<td>Optional Snack Choices:</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>SNACK COST / PERSON</strong></td>
<td><strong>SNACK COST / GROUP</strong></td>
<td></td>
</tr>
<tr>
<td>Bagged chips</td>
<td>$1.00</td>
<td>Juice (for 25 people)</td>
</tr>
<tr>
<td>S’mores</td>
<td>$1.50</td>
<td>Juice (for 75 people)</td>
</tr>
<tr>
<td>Fruit (1 apple or banana)</td>
<td>$1.00</td>
<td>Cookies (for 25 people)</td>
</tr>
<tr>
<td>Ice Cream Social</td>
<td>$3.00</td>
<td></td>
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</tbody>
</table>

During meals:
- Group Leaders will call their groups, one table at a time, to join the serving line. (Please remember that other groups may be dining at the same time.)
- Have the group form a line at the serving counter.
- Second servings are permitted only after all have been served, so it is extremely important to arrive on time.

Important to Remember!
Visitors with food allergies/dietary needs must identify themselves to the Dining Hall Manager or Cook on duty at every meal.

Optional Snack Choices:

We do our best to ensure the safety of all of our guests; however, we are not a certified gluten-free, peanut free, or kosher kitchen. Please let us know if there are any special dietary needs (allergies, vegetarian, vegan, kosher, halal) at least 3 weeks in advance, and we will do our best to accommodate. Dietary concerns with less than three week’s notice cannot be guaranteed. As an alternative, visitors with dietary restrictions may bring their own prepared food. Food is served cafeteria-style and cannot be cooked to order.

The Dining Hall is closed between meals. The serving line usually closes after 1/2 hour; total allotted meal time is about one hour.
Dietary Concerns Worksheet

Please complete & return to group leader by: ______________

Name: ______________________________

Do you have an allergy to:

Peanuts: YES / NO
Notes: ______________________________

Tree Nuts: YES / NO
Notes: ______________________________

Lactose / Dairy: YES / NO
Notes: ______________________________

Eggs: YES / NO
Notes: ______________________________

Soy: YES / NO
Notes: ______________________________

Shellfish: YES / NO
Notes: ______________________________

Gluten: YES / NO
Notes: ______________________________

Other: YES / NO
Notes: ______________________________

Are you/do you practice any of the following (Yes or No)

Vegetarian (minimal Kosher/Halal): ________________

Pescatarian: ________________________________

Vegan: ________________________________

No Pork: ________________________________

No Beef: ________________________________

Other: ________________________________

Group Leader:
Please tally the dietary concerns and share with PEEC’s Program Planner at least 3 weeks before your trip.
PEEC Schedule of Rates

Effective September 1, 2020
Bookings less than 3 weeks from trip date will incur a 10% late booking fee.

### Full Residential Programs
*Per person fee includes:
Lodging, meals and PEEC instruction.

<table>
<thead>
<tr>
<th>Duration</th>
<th>Meals</th>
<th>Cost Per Person</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 days / 1 night / 3 meals, 5-7 PEEC-led Classes</td>
<td>$115.00</td>
<td></td>
</tr>
<tr>
<td>3 days / 2 nights / 6 meals, up to 12 PEEC-led Classes</td>
<td>$170.00</td>
<td></td>
</tr>
<tr>
<td>4 days / 3 nights / 9 meals, up to 15 PEEC-led Classes</td>
<td>$234.00</td>
<td></td>
</tr>
<tr>
<td>5 days / 4 nights / 12 meals, up to 20 PEEC-led Classes</td>
<td>$291.00</td>
<td></td>
</tr>
</tbody>
</table>

*Minimum group size is 15.

### Day Use Programs
*Minimum group size is 15.

<table>
<thead>
<tr>
<th>Number of PEEC Classes</th>
<th>Cost Per Person</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>$17.00</td>
</tr>
<tr>
<td>2</td>
<td>$26.00</td>
</tr>
<tr>
<td>3</td>
<td>$35.00</td>
</tr>
<tr>
<td>4</td>
<td>$43.00</td>
</tr>
</tbody>
</table>

PEEC Programs include Interpretive Hikes, Canoeing, Pond Ecology, EcoZone, Geology, etc. See pages 5-9.

### Facility Use
*Lodging, meals, and meeting space, as determined by group size.

<table>
<thead>
<tr>
<th>Duration</th>
<th>Meals</th>
<th>Cost Per Person</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 night / 3 meals</td>
<td>$97.00</td>
<td></td>
</tr>
<tr>
<td>2 nights / 6 meals</td>
<td>$146.00</td>
<td></td>
</tr>
<tr>
<td>3 nights / 9 meals</td>
<td>$195.00</td>
<td></td>
</tr>
<tr>
<td>4 nights / 12 meals</td>
<td>$243.00</td>
<td></td>
</tr>
</tbody>
</table>

*Minimum group size is 15.

In certain cases, if there are other groups on campus, a group size of less than 15 may be permitted.

Additional classes for Facility Use per 1.5 hour class up to 15 people.

*PEEC staff
2 staff required for groups of 100+ (per day)  $235.00

### Meals

<table>
<thead>
<tr>
<th>Meal Type</th>
<th>Time</th>
<th>Cost Per Person</th>
</tr>
</thead>
<tbody>
<tr>
<td>Breakfast</td>
<td>8:00am</td>
<td>$8.50</td>
</tr>
<tr>
<td>Lunch</td>
<td>12:30pm</td>
<td>$11.00</td>
</tr>
<tr>
<td>Dinner</td>
<td>5:00pm</td>
<td>$15.00</td>
</tr>
<tr>
<td>Late Dinner (after 6:30pm)</td>
<td></td>
<td>$200 (additional fee)</td>
</tr>
<tr>
<td>Snacks</td>
<td></td>
<td>See Snack Price List on Page 19</td>
</tr>
<tr>
<td>Full salad bar</td>
<td></td>
<td>$1 per person per meal</td>
</tr>
</tbody>
</table>

Special dietary needs— (vegetarian, vegan)

### Tent Site
Scout Groups Only. Call for rates.

### Other Services

*Additional cabin* beyond group size needs (with residential program or facility use)  $115.00

*Transportation* to/from area train/bus terminals may be available with prior scheduling. Call for details and rates.

*Linens/person (sheets, washcloth, towel, pillowcase, and blanket) Groups are requested to bring pillows. $17.00
Linens are not kept on premises. Exact numbers are needed 2 weeks prior to trip.*
Additional Programs
Live Birds of Prey, wildlife and herpetology programs, square dances etc. Additional fees apply. See pages 10 & 11.

* Cabin check in time is 2:00 pm. If you arrive earlier, your group’s equipment may be stored in the Main Building area.
** Cabin inspection / check-out occurs before breakfast.

Continued from page 21

Field Trips (Round Trip) | PEEC Vans
--- | ---
Quarry | $40
Childs Park | $50
Raymondskill Falls | $50
Dingmans Falls | $45
Tom’s Creek | $45
Grey Towers | $55

Cost is calculated per van and trip.

Deposits

1. A non-refundable deposit of 20% is required immediately to hold reservation.
   A second non-refundable 30% deposit is due 60 days after the date of the contract. If your scheduled arrival date is less than 90 days from the date of the contract, an initial deposit of 50% is required.
2. Three weeks prior to scheduled arrival, groups are required to confirm guaranteed number of participants.
3. If you pay by credit or debit card there is a 5% fee on charges over $1000 per account.
4. Final invoice will be sent after “Amount Due” is determined at billing meeting. See your schedule for billing meeting date and time.

"I honestly believe that the time I spent at PEEC sparked my interest in the environment and greatly influenced my decision to continue my education in environmental science and ecology."
Alyssa Scott, Delaware Valley School Teacher

"(PEEC) provided real world, hands-on experiences that reinforced what was learned in the classroom."
Steve Randall, Bushkill Elementary Teacher
Driving Directions to PEEC

The Pocono Environmental Education Center is located in northeastern Pennsylvania, approximately 20 miles from the junction of Pennsylvania, New York, and New Jersey, near the town of Dingmans Ferry. PEEC is within the borders of the Delaware Water Gap National Recreation Area.

GPS Users: Please note that GPS navigation can be unreliable in this area.

Our street address is 538 Emery Road, Dingmans Ferry, PA 18328. We are located at the intersection of Emery Road and Brisco Mountain Road. For best results, please make certain that your GPS route follows the driving directions below.

PEEC's Geographic Coordinates: N 41° 10' 16.33'' W 74° 54' 52.67''

From New York City: (Route 80 Westbound)

Please note: Buses are NOT allowed to cross the Delaware River at the Dingmans Ferry Bridge. Buses must use the Delaware Water Gap Bridge on Route I-80 or the Milford Bridge on Route 206.

• Option 1 - From Interstate 80 W, take New Jersey Exit #34 for Route 15 N, Sparta. Route 15 will converge with Route 206 N. Continue North on Route 206 to the Milford Bridge (toll). From the Milford Bridge, turn left onto Route 209 S and continue for approximately 12 miles until you see the sign indicating a right turn for PEEC at Brisco Mountain Rd. At the top of the hill, bear right at the stop sign and PEEC will be on your right. (Approximate 2 hour travel time)

• CARS ONLY shortcut — From Route 206 North, turn left onto Route 560 and follow signs for Dingmans Ferry Bridge. After crossing bridge turn left at 1st traffic light onto 209 South. Turn right on Brisco Mt. Road and follow directions above.

• Option 2 - From Interstate 80 W, take Pennsylvania Exit 309 for Marshalls Creek/Route 209 N. Follow Route 209 N for approximately 18 miles. You will see a sign for PEEC between mile marker 8 & 9 on Route 209. Turn left onto Brisco Mountain Road. At the top of the hill, bear right at the stop sign and PEEC will be on your right. (Approximate 2 hour travel time)

From Philadelphia, PA:

Take the Blue Route (476) to NE Extension; look for Exit 56 to Route 22 E. Take 22 E to Route 33 N towards the Poconos and Stroudsburg. Route 33 will merge with Route 209. Follow signs for Interstate 80 E and stay on 209 until it merges with 80. Take Route 80 E to PA Exit 309 for Marshalls Creek/Route 209. Follow Route 209 for approximately 3 miles and make a right turn at the light in Marshalls Creek. Continue North on Route 209 for 14 miles. Between mile marker 8 & 9 on Route 209 you will see two signs for PEEC. The first sign is a 1/2-mile before the left turn and the second is directly across from the turn. Turn left onto Brisco Mountain Road. When the road forks, bear right at the stop sign and PEEC will be on your right.

From Harrisburg, PA: (Interstate 80 Eastbound)

Take Interstate 81 N to 80 E to Exit 309 N for Marshalls Creek/Route 209. Follow Route 209 for approximately 3 miles and make a right turn at the light in Marshalls Creek. Continue North on Route 209 for 14 miles. You will see two signs for PEEC between mile marker 8 & 9 on Route 209. The first sign is 1/2-mile before the left turn and the second is directly across from the turn. Turn left onto Brisco Mountain Road. When the road forks, bear right at the stop sign and PEEC will be on your right.

From Scranton, PA: (Interstate 84 Eastbound)

Take Exit 34 (Dingmans Ferry / Lord's Valley - Route 739 S). Follow 739 S for approximately 14 miles, until you come to the traffic light in Dingmans Ferry. Turn right at the light onto Route 209 S. Continue on Route 209 S for approximately 5 miles until you see the signs (between mile marker 8 & 9) indicating a right turn for PEEC at Brisco Mountain Rd. When the road forks, bear right at the stop sign and PEEC will be on your right.

From Middletown, NY: (Interstate 84 Westbound)

Take Exit 34 (Dingmans Ferry / Lord's Valley - Route 739 S). Follow 739 S for approximately 14 miles, until you come to the traffic light in Dingmans Ferry. Turn right at the light onto Route 209 S. Continue on Route 209 S for approximately 5 miles until you see the signs (between mile marker 8 & 9) indicating a right turn for PEEC at Brisco Mountain Rd. When the road forks, bear right at the stop sign and PEEC will be on your right.